

October 2026 Newsletter

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The location for all Art workshops is:
The First Presbyterian Church of Puyallup
412 West Pioneer, Puyallup, WA 98371

November 5, 2026 Demo



NANCY ROMANOVSKY

Brief Bio

Nancy began oil painting at an early age and later studied art at Arizona State University, the Scottsdale Artists' School, and privately with several American artists. In 2012, Nancy left her career in graphic design and marketing to pursue painting full time. Her paintings have rapidly become popular due to their unique style. Honest and non-pretentious, they expose the beauty of nature through the combination of light and shadow and serendipitous plays of color. Nancy's paintings are held in corporate and private

Russia, and Italy. Her hobbies include hiking and tree farming. She is a member of the Painters of America, Plein Air Washington Artists, Puget Sound Group of NW Artists, and the Art Committee co-chair for the Governor's Mansion Foundation.

Artist Statement

I have always been intrigued by designs of nature: the line of a tree, the patterns of light and shadow, these mysterious designs create moods and become the source of my inspiration. My goal is to capture on canvas and interpret both nature's grandeur and its subtleties. I love the process of starting with nothing and creating something uniquely beautiful and honest. I paint landscapes and explore the quiet essence of being in nature. My chosen medium is oil, with variety of brushwork,

thick and thin, loose and detailed. It gives me the opportunity to portray the breadth and scale of nature. Our Douglas fir tree farm in western Washington, an idyllic forest property, is the main source of visual nourishment for me. This is where new ideas for paintings are often born!

Following the Light: An Oil Painting Demonstration

By Nancy Romanovsky

@nancyromanovsky

nancy@nancyromanovsky.com

www.nancyromanovsky.com

Explore how strong composition, value structure, and thoughtful color mixing can transform a forest scene into a luminous painting.

In this demonstration, we'll begin by identifying the major shapes and value masses, establishing the underlying composition before getting caught up in details. I'll demonstrate how I premix my light and shadow colors for the major masses, allowing me to work more confidently and cohesively as the painting develops.

From the initial block-in, we'll gradually refine the forms, edges, color, and light, following the radiating lines of light through the trees to create a sense of depth and atmosphere. If time allows, we'll take the painting through the final stages of refinement.

The emphasis will be on seeing the big shapes first, establishing a strong value structure, and letting the details support the overall design.

Suggested Supply List

Follow the Light: an oil demo for SHA | Instructor: Nancy Romanovsky

Canvas panel (1) 9 x 12 or 11 x 14

Brushes (variety of sizes and bristles types)

Mixing knife (metal preferred)

Palette or palette paper

Odorless Solvent and solvent jar

Paper towels

Paints. Having the following colors is strongly recommended:

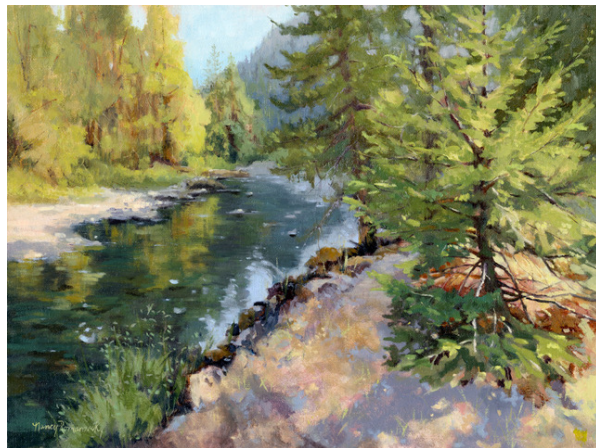
- Titanium White
- Cadmium Yellow Lemon
- Cadmium Orange Deep
- Permanent Red (or Cadmium Red Light)
- Alizarin Crimson
- Ultramarine Blue
- Cobalt Blue

Additional paints that can come in handy:

- Viridian
- Sap Green
- Olive Green
- Portland Cool Gray
- Naples Yellow

Apron and gloves (optional)

Nancy Romanovsky ART



Nancy Romanovsky's work has received numerous awards and recognitions and has been featured in an extensive range of solo and group exhibitions, galleries and art society exhibitions.

Presidents Message



Welcome to fall South Hill Artists!

As the days grow shorter and the leaves begin to show their beautiful autumn colors, I'm especially excited about our 2026 Fall Art Escape, at Camp Arnold in Eatonville, WA, October 19 – 23, 2026! 🍁

There's something wonderful about settling into the cozy rhythms of fall—sipping hot cocoa, taking in the gorgeous autumn colors, slowing down, and giving ourselves the time and space to create. Our five-day Art Escape is the perfect opportunity to step away from our everyday routines, explore our creativity, learn, and enjoy time together as artists and friends.

Whether you've joined us before or this is your first Art Escape, I know you're going to make wonderful autumn memories with us - creating, relaxing and enjoying this special time together!

I can't wait to see you there!

With gratitude and creativity,

Doreen Koch Allen
President, South Hill Artists – SHA

"As long as autumn lasts, I shall not have hands, canvas and colors enough to paint the beautiful things I see." 🍁

~ Vincent Van Gogh ~

Art Escape at Camp Arnold

Dates: October 19 - 23, 2026

Fall Camp registration form due September 3, 2026 with \$100 deposit

Final payment due October 1, 2026

Cost-

double occupancy room \$465

Limited number of single rooms are \$535

Day Camp

- \$125.00 — One-day Art Escape pass (Wednesday, October 21, 2026)
- 2 Meals – Breakfast & Dinner (Served at 10:30 am & 4:30 pm)
- A shared workspace/ table – 2 artists per table
- Dedicated time to work on your current projects!

Art Escape Scholarship information

South Hill artists are offering partial scholarships of \$200 each to assist 1 or 2 SHA members with camp fees.

Application forms are available on southhillartists.com website

Things to Know about SHA Art Camp

Before we arrive, the camp staff will have set up our art-creating area in the Dining Hall:

plastic coverings on the floor

individual artwork tables

extension cords

shared power strips

Monday, 9:00am - 10:30am Please do not enter the building before 9am

Check-in is in the Dining Hall

Only park in designated areas (not on the grassy fields) and enter the Dining Hall from the front entrance.

You may want to briefly check in and then drop off your bedroom items to your assigned cabin, followed by setting up your individual art-creating area at your assigned work table.

Remember to bring a table covering & tape, give-away art supplies, and snacks to share

Monday - Friday 10:30am Buffet brunch in the Dining

Monday - Thursday 4:30pm Buffet dinner in the Dining

Also in the Dining Hall 9:30am - 5:30pm daily:

coffee

hot water

variety of teas

hot beverage condiments

cereal cups

dairy and non-dairy milks

Thursday after brunch Group photo

Friday 10:00am Room check-out

11:00am Art Camp ends

The camp has several (muddy?) trails to walk when you need to feed your creative process.

Camp Arnold regulations: Speed Limit: 10 mph

Park in designated areas

Quiet Time: 10pm - 8 am

Alcohol-free campus

Fume-free art media

No glitter (\$250 fine)

Members' Corner:

Do You Know of an art show, competition, workshop, class, art exhibit, or have art supplies for sale that may interest other SHA Members? To include information in the newsletter, please email the information to sha.southhillartists@gmail.com by the 1st of the month.

Free painting, arts, and crafts opportunities each Tuesday & Thursday,

10AM-2PM

Fife Community Center

2111 54TH Ave E

Fife, WA

(253)922-0900

(The center will be closed August 31-Sept 4 for maintenance)!

Bring your own supplies and table covering.

Additionally: Lunch is concurrently offered there Thursdays at noon for \$3.50 for seniors through Catholic Food Services.

Please note:

- Posts, information, or details for the website and newsletter need to be received by the 1st day of the month to be included that month.
- **Send email to:** SHA.SouthHillArtists @gmail.com

SHA Membership

Information:

SHA offers individuals numerous opportunities to create, learn and gather in a supportive and creative atmosphere. Throughout the year there are scheduled live demos, where one can paint and create alongside an experienced professional artist. Twice per year SHA holds a weeklong art camp workshop in Eatonville, at an affordable cost to its members.

Membership also gives artists the opportunity to display and sell their artwork in SHA's annual art exhibit. Members will receive an email newsletter, announcements, an invitation to join the private SHA Facebook group, and be able to participate in various social events.

A paid SHA Membership entitles you to participate in all these activities, September through August. Payment of dues is required 30 days prior to participation in art exhibits and shows. SHA members are encouraged to volunteer and support SHA activities, events, and chartered objectives.

Membership dues are \$50.00 for the 2026-2027 SHA year. When joining SHA, please download and fill in the SHA Membership Form. Send the completed form with your check to the address below. Membership dues can also be paid at the monthly demo meeting. Also please update your contact information when joining or renewing your SHA membership.

Note: The email address that generates the SHA newsletter is not monitored. Send email to: **SHA.SouthHillArtists @gmail.com**

Please send your payment to:

SHA
902 16th Ave Ct SE
Puyallup, WA 98372-4800

[Contact SHA Here:](#)

sha.southhillartists@gmail.com

**Click on the link below for more
information:**

southhillartists.com