



January 2026 Newsletter

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The location for all demo meetings is:

The First Presbyterian Church of Puyallup
 412 West Pioneer, Puyallup, WA 98371

February Demo Information - February 5, 2026 10:00 - 2:00

Artist Biography-Susan Strohm

Born and raised in Tacoma, Washington, Susan Strohm has been drawing and painting for as long as she can remember. After earning her nursing degree from Seattle University, she balanced a career as a registered nurse with her lifelong passion for art.

A self taught artist, Susan began painting in oils during high school, later exploring acrylics after college. While living in Texas, she took a short evening watercolor class that broadened her creative perspective. After marrying, raising two sons, and working in various nursing



positions, Susan eventually returned to her beloved Pacific Northwest, where she has lived for the past 25 years.

Back home, she began teaching painting workshops from her studio and regularly participating in local art shows, including the Puyallup Fair and the Proctor Arts Fest. In recent years, she also enjoyed crocheting and selling colorful hats in a Proctor area shop — one of which appears in her bio photo.

Today, Susan's focus is on semi-abstract mixed media work, blending texture, color, and form to express her love of experimentation. Her paintings have been shown and sold throughout the Tacoma, Puyallup, and Sumner areas.

Demo Description:

Transform the unfinished into the unforgettable

Work on either a standard wide canvas or watercolor paper. In this demo, Sue will guide you in transforming one of your unfinished paintings into a semi-abstract mixed media piece. You'll learn how to energize your work with acrylics, experiment with tearing new shapes, and develop rich, deep values. Get ready to dive in —

Suggestions: - Bring any work you have that you have given up on, collage materials, or starts you would like to finish. Use your old ideas- this project will work with florals, buildings, waterfronts & landscapes you want to jazz up or tear up!

A Note From Susan - I will bring some of my supplies to use. I have some old canvases, blank canvases and frames with glass, I would like to give to everyone to work on. I have scraps in bits that might be interesting for some. I will bring the Elmers glue.

Supply list:

Collage Materials

Old paintings

Transparent acrylic by Golden (if you have them)

Acrylic Brushes

Acrylics (in same colors as the piece you are working on)

Glue, Scissors, Pens, Pencil

Examples of Susan's Work





Presidents Message

Happy New Year, South Hill Artists!

As we begin another year together, I want to thank each of you for the creativity, enthusiasm, and generous spirit you bring to our group. You all are what make SHA so special—the energy that keeps us going—and I truly love creating alongside such a talented, creative and inspiring group of artists.

In the year ahead, I can't wait to explore new techniques, experiment with fun ideas, and be part of all the great workshops we'll have. May the months ahead be filled with curiosity, growth, and plenty of artistic adventures—both individually and together.

Here's to a bright, creative and joyful New Year! I can't wait to see what we create and share in 2025!

Warmly,
Doreen Koch Allen

"I dream my painting, and then I paint my dream."
~ Vincent Van Gogh ~

Members' Corner:

Do you know of an art show, competition, workshop, class, art exhibit, or have art supplies for sale that may interest other SHA Members? To include information in the newsletter, please email the information to (email below) by the 1st of the month.

sha.southhillartists@gmail.com

SHA Membership Information:

Membership to South Hill Artists - SHA offers individuals numerous opportunities to create, learn and gather in a supportive and creative atmosphere. Throughout the year there are scheduled live demos, where one can paint and create alongside an experienced professional artist.

Twice per year SHA holds a weeklong art camp workshop in Eatonville, at an affordable cost to its members. Membership also gives artists the opportunity to display and sell their artwork in SHA's annual art exhibit.

Members will receive an email newsletter, announcements, an invitation to join the private SHA Facebook group, and participate in various social events. A paid SHA Membership entitles you to participate in all these activities, September through August.

Payment of dues is required 30 days prior to participation in art exhibits and shows. SHA members are encouraged to volunteer and support SHA activities, events, and chartered objectives.

Membership dues are \$50.00 for the 2025-2026 SHA year. When joining SHA, please download and fill in the SHA Membership Form. Send the completed form with your check to the address below.

Please send your payment to:

SHA - South Hill Artists
PO Box 731762
Puyallup, WA
98373-0019

Please Note:

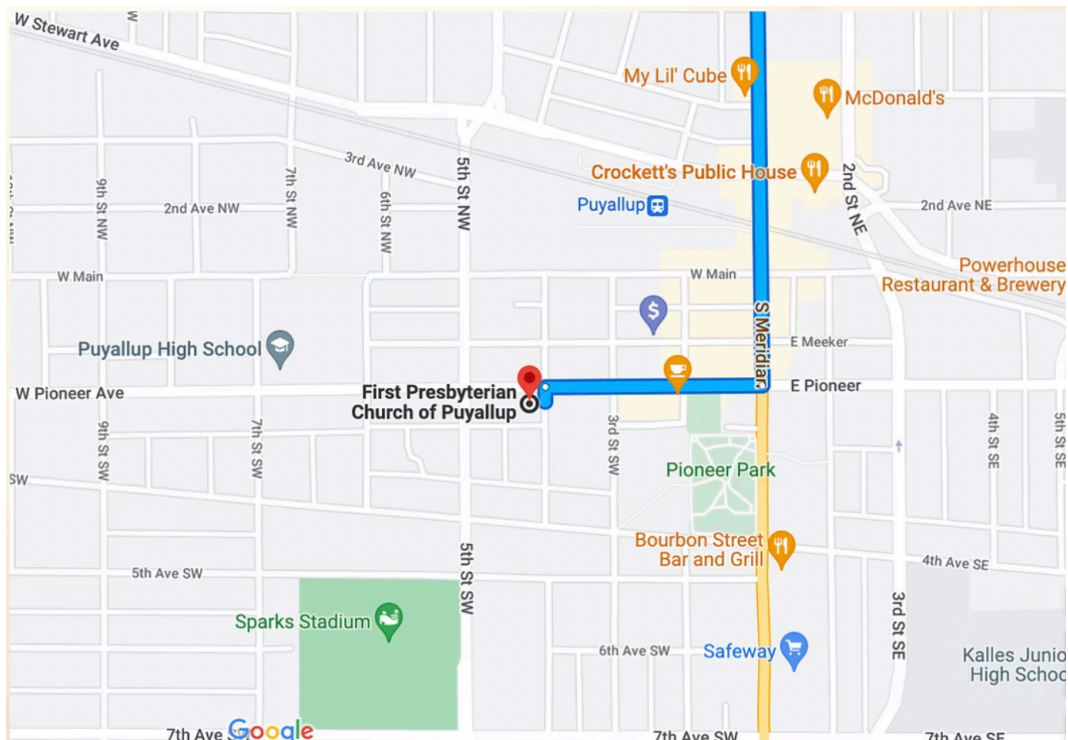
- Posts, information, or details for the website and newsletter need to be received by the 1st day of the month to be included that month.
- The email address that generates the SHA newsletter is not monitored. Send email to: SHA.SouthHillArtists @gmail.com

Workshop Location:

Workshop Meetings are Held the 1st Thursday of the Month Excluding:

July ☆ August ☆ December ☆ January

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South Hill Artists Website

<https://www.southhillartists.com>

Check out our website for all the latest news, upcoming workshops exhibitions and monthly newsletter!