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South Hill Artists Newsletter
May 2025
Issue 74

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President's Message:


Greetings to all Current & New SHA Members!

What an inspiring and joyful week it has been—I'm sure everyone who attended Camp Arnold Spring 2025 would agree! The weather was absolutely glorious, and the energy was just as vibrant.

If you're anything like me and love expressing yourself through your art then you know how powerful it is to spend time with like-minded

creatives. Sharing stories, pausing to reflect, chatting, and of course, laughing together—it's these simple moments that recharge our creative spirits.

Creativity lives in every corner of our lives—whether we're cooking, gardening, nurturing relationships, or simply taking a walk in nature. It's all about finding ways to express who we are. So breathe in the beauty around you, and let it inspire whatever comes next.

 **Mark your calendars!** We'll be gathering again soon for our **annual SHA Potluck Luncheon on June 5, 2025**—stay tuned for more details on time and location. In the meantime, get outside and enjoy the warmer days, the sunshine, and all that nature has to offer!

Warmly,

Doreen Koch Allen - SHA President

"Life is partly what we make it, and partly what it is made by the friends we choose."

~ Tennessee Williams

Camp Arnold Fall Registration

Camp dates: October 20 to 24, 2025

Registration: Starts May 1, 2025

Camp registration form is available on the *southhillartists.com* website.

Send registration form with your \$100 deposit by September 4, 2025 to *SHA PO Box 731762 Puyallup, WA 98373-0019*

Final payment is due by October 2nd, 2025

Notes regarding camp:

- Check in time is 9:00am. If you arrive earlier, please do not enter the building as final preparations are taking place.
- Camp menus are set in advance, no changes can be made. If you have special menu concerns you can bring food. There are refrigerators available to store your food and a microwave for heating your food.
- Partial scholarship will be available. More information coming.
- There will be no Sunday early arrival available.

June Potluck:

Date: June 5, 2025

More information will be provided when final arrangements are confirmed.

Notecard Collection:

Please bring a card or more to the next meeting to be used for sending to members as needed. Include an envelope and postage.

Members' Corner:

Do You Know of an art show, competition, workshop, class, art exhibit, or have art supplies for sale that may interest other SHA Members? To include information in the newsletter, please email the information to :
sha.southhillartists@gmail.com by the 1st of the month.

**Cole's Woo Hoo Classes - please reach out via email to register -
woohoocreative@gmail.com**

Spray Paint Papers & Found Objects *

Friday **May 9** 10-2 pm Maple Valley Woo Hoo Studio \$50. (min 3 participants, max 10)

One of my favorite ways to create a good quantity of stash papers. Quickly, with the use of stencils and spray paint. I will bring a vast selection of stencils and spray paint

to create some amazing translucent papers for our collage practice. If you have a case, tin or item you would like to spray paint. Bring it for the afternoon section of the class, or continue to make collage papers.

GET 'ER DONE SESSIONS *

May 12 Mineral Lake 10-2 pm \$20

May 4 Maple Valley Woo Hoo Studio 1-5 pm \$20

Creatives can pile up Unfinished Objects (UFO) or Works in Progress (WIPS). This time is set aside to work on finishing those projects. I will help with creative coaching and loving guiding to your best results. This can include paintings, journaling, yarn crafts, sewing, sculpture or whatever you can think of. Bring what you would like to work on and what you need to finish it.

Abstract Movement Painting *

Sunday **June 1** 1-5 pm Maple Valley Woo Hoo \$50 (min 3 participants, max 10)
Art has a moving meditation in this class we create a setting to loosen up allow the paint to flow and release the outcomes. Using the principles from Flora Bowley and create a space where we stretch our bodies, use breath work, set intentions, turn on some amazing music and come at our art acrylics with play. Drip paint off the surface, use interesting tools, including our hands, to create lovely and loose starts. My hope is this class is for artists looking for a little bit of space and freedom to play, work through some emotions and just paint with more freedom.

Garden Paint Party

Friday **June 20**, 10-2 pm at my parents lovely garden in Auburn, \$40
Asian-inspired garden art paint date. Join me for a demo in this beautiful Asian garden, tour of their beautiful Asian-inspired home. It is a peaceful beautiful garden space and has plenty of room for plein air painters to set up and have time to paint. We will host a beautiful lunch join me for this fun adventure.

Art Collector's Garden Party & Sale

Friday **June 20** 4-7 pm at my parents lovely garden in Auburn, free
Come see my latest work and enjoy a garden appetizer party. I will have a quick presentation on art collecting and what I look for in work I collect artwork. How to work with artists for commissioned works. I will have some bargains for older work and would love to share why buying real, local art is a way to create home & community.

Issaquah Troll Adventure

Thursday **July 10**, 10-2 pm Issaquah \$20
Join me at the Issaquah Troll to plein air create and spend some time with friends. We can find a place for lunch out. I will demo collage techniques for creating outside, at Thomas Dambo's beautiful found art piece, Jakob Two Tree: It is a five minute walk on a paved trail.

SHA Membership Information:

Membership to South Hill Artists - SHA offers individuals numerous opportunities

to create, learn and gather in a supportive and creative atmosphere. Throughout the year there are scheduled live demos, where one can paint and create alongside an experienced professional artist. Twice per year SHA holds a weeklong art camp workshop in Eatonville, at an affordable cost to its members. Membership also gives artists the opportunity to display and sell their artwork in SHA's annual art exhibit. Members will receive an email newsletter, announcements, an invitation to join the private SHA Facebook group, and participate in various social events. A paid SHA Membership entitles you to participate in all these activities, September through August. Payment of dues is required 30 days prior to participation in art exhibits and shows. SHA members are encouraged to volunteer and support SHA activities, events, and chartered objectives.

Membership dues are \$50.00 for the 2024-2025 SHA year. When joining SHA, please download and fill in the SHA Membership Form. Send the completed form with your check to the address below.

Membership dues can also be paid at the monthly demo meeting. Also, please update your contact information when joining or renewing your SHA membership.

Guests are welcome to attend and participate in an art demonstration for a \$30.00 fee. Invite a friend to join us!

Please send your payment to: SHA PO Box 731762 Puyallup, WA 98373-0019

Please note:

- Posts, information, or details for the website and newsletter need to be received by the 1st day of the month to be included that month.
- The email address that generates the SHA newsletter is not monitored. Send email to: SHA.SouthHillArtists@gmail.com



